

Girls in Grade 5 and older are welcome to attend; however, no separate girls programming will be offered.

*Retreat offering will go to Camp Mennoscah to support their ministries. Offering will be received on Sunday morning. Please make checks out to Camp Mennoscah.*

**NOTE:** We will collect a non-refundable \$15 program fee.

**Cancellations made after noon on Friday, September 8 are non-refundable.**

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**Things to note this year:**

- The schedule will be a limited number of seminars offered and more free time.
- Snacks will not be provided so please plan to bring extra to satisfy those cravings.
- We suggest taking a COVID test before coming to camp if you have any symptoms. Stay home if you are positive. We care about you as well as those around you.

**Questions/Thoughts to Ponder:**

- How does talking, listening and creating help us make sense of our lives?
- How do we talk and listen in our faith community?
- Do you believe the ordinary stories of our ordinary lives contain extraordinary gifts?
- How do we share our life stories creatively (quilts, scrapbooking, journaling, crocheting/knitting, etc)?

# Women & Girls Retreat 2023

September 9-10 at Camp Mennoscah

## Afternoon Seminars

*You will sign-up for Seminars when you arrive at camp. Here are the possible choices.*

- A. Coloring with Cathy** **Cathy Coon Bitikofer**  
Cathy's popular LARGE coloring sheets will be available throughout the weekend, color as you wish. Cathy will share during the seminar session about how she creates them. Maybe you'll be inspired to create your own!
- B. Book Reviews** **Bethany Martin**  
Listen to Bethany's fabulous book reviews for all ages.
- C. Creative Journaling** **Tammy Duvanel Unruh**  
Tammy will lead you through an activity to create your personal crest and other ideas for creative journaling & story capturing
- D. 1:1 Spiritual Direction** **Amy Warner**  
Sign up for a specific time with Amy
- E. Free Time** – Sleep, walk, read, pray, swim -- do whatever YOU want to do!

**WDWM Executive Committee:** Wendy Funk Schrag, President; Norma Duerksen, Treasurer; Tammy Duvanel Unruh, Secretary; Rebecca Schrag, Communications

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**Follow us on Instagram:** @westerndistrictwomeninmission

SCHEDULE	THINGS TO BRING
<p><b><u>Saturday, September 9, 2023</u></b>  <b>11:30-12:30</b> Registration  <b>1:00-1:45</b> Gathering Time – <i>The Ministry of Reminding: Wendy</i>  <b>1:45-5:00</b> Seminars/Free Time  <b>4-5:00</b> Pool time/Free Time  <b>5:30-6:30</b> Supper  <b>7:00</b> Evening Session: <i>Be a Story Catcher - Wendy</i>  <b>8:30</b> Campfire with Tammy  <b>9:00</b> Black Kettle Popcorn</p> <p>Faith &amp; Life Bookstore will be set up throughout the weekend to browse and buy!</p>	<p>Bible, notebook, pencil or pen, crayons, colored pencils, lawn chair (if desired for sessions), money (for pop, camp store, and/or offering), sunscreen, swim wear (must have different items for pool and river play), insect repellent, snacks, drinks, water bottle, pad or cushion to sit on at campfire, flashlight, table games, bedding (pillow, sheets, and/or sleeping bag), towels, toiletries, alarm clock (if desired), personal medications, masks, comfortable shoes and clothes, smiles and laughter!</p>
<p><b><u>Sunday, September 10, 2023</u></b>  <b>8:00</b> Wake-Up Bell  <b>8:30 – 10:30</b>            Brunch &amp; Morning Session in dining hall: <i>Sharing our Faith Stories in Community – Tammy &amp; Wendy</i>            Sharing communion  <b>10:30</b> Announcements            Clean up and departure</p>	

## WDWM Retreat: September 9-10, 2023

### Theme: Women Talking, Listening & Creating



**Scripture Theme: 2 Peter 1:12-21**

**Session Leaders/Speakers:**  
 Wendy Funk Schrag  
 Tammy Duvanel Unruh